



Buddha



contemplate



suffer



anicca



enlightenment



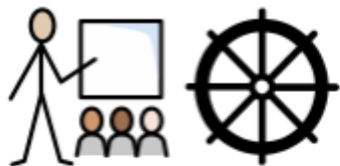
wisdom



RE: What did the
Buddha teach about
leading a better life?



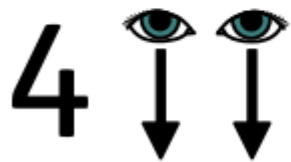
meditation



dharma



morality



four sights



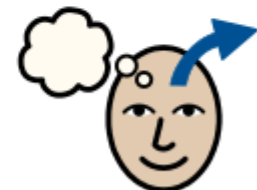
eightfold
path

1st

founder






symbols



mindfulness

Y5 RE: What did the Buddha teach about leading a better life? Topic Vocabulary Mat

Subject Specific Vocabulary		Relevant Pictures	Exciting Books/Websites
Buddha	Buddha is the title given to Gautama Siddhartha, the religious teacher and founder of Buddhism.	 	<ul style="list-style-type: none"> • BBC Bitesize • RE Online • Britannica 
contemplation	Thoughtful or long consideration or observation.		
suffering	Serious pain which someone feels in their body or their mind.		
Anicca	The belief that all things, including the self, are impermanent and constantly changing: the first of the three basic characteristics of existence		
enlightenment	A final spiritual state in which everything is understood and there is no more suffering or desire.		Other information <ul style="list-style-type: none"> • Buddhism is a faith that was founded by Siddhartha Gautama ("the Buddha") more than 2,500 years ago in India. • There are many philosophies and interpretations within Buddhism, making it a tolerant and evolving religion. • The religion's founder, Buddha, is considered an extraordinary being, but not a god. The word Buddha means "enlightened."
meditation (samadhi)	The belief that some behaviour is right and acceptable and that other behaviour is wrong.	What I've learnt already	Key Knowledge
morality (sila)	The belief that some behaviour is right and acceptable and that other behaviour is wrong.	<p>Y3:</p> <ul style="list-style-type: none"> • Buddhists visit eight important places in India and Nepal to trace the Buddha's life. 	<ul style="list-style-type: none"> • To know some of the key events of Buddha's early life. • To know each aspect of the eightfold path, taught by Buddha.
wisdom (panna)	The ability to use your experience and knowledge in order to make sensible decisions or judgments.	<p>Y2:</p> <ul style="list-style-type: none"> • Religions often contain a moral code with rules for living. 	<ul style="list-style-type: none"> • Meditation is a very important part of Buddhism. • Through meditation, Buddhists believe they can calm and clear the mind, making it peaceful.
four sights	The 4 things that Siddhartha Gautama saw for the first time when he left the palace after living a sheltered life.	<ul style="list-style-type: none"> • The Buddhist Wheel of Life was created to help people understand Buddhist teachings. 	<ul style="list-style-type: none"> • To recognise some of the symbols associated with Buddhism. • To know the meanings behind some of the symbols associated with Buddhism.
eightfold path	The Noble Eightfold Path is an early summary of the path of Buddhist practices that can lead to enlightenment.		<ul style="list-style-type: none"> • The Buddha's teachings are known as dharma. They include Buddhism's Four Noble Truths and the Eightfold Path.