
















Week 1 – Spring Term 2022-23

(V) Vegetarian (VG) Vegan (GF) Gluten Free

All meat = Halal

WB: 3/1, 16/1, 30/1, 20/2, 6/3, 20/3
















Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Tofu Noodles (GF/VG) or Salmon Noodles</p>	 <p>Sausages (GF/VG) Mashed Potato (GF/VG) Baked Beans (GF/VG)</p>	 <p>Spaghetti (VG) or Fusilli (GF/VG) <i>With a choice of...</i> Pesto (GF/V) <i>Contains: Milk</i> Tomato Sauce (GF/VG) Grated Cheese (GF) (V/VG)</p>	 <p>Chicken Curry (GF) or Spinach, Chickpea + Potato curry (GF/VG) Rice (GF/VG)</p>	 <p>Vegetable Pizza (V) Vegetable Pizza (GF/VG) Potato Wedges (GF/VG) Baked Beans (GF/VG)</p>
<p>Sweetcorn (GF/VG) Broccoli (GF/VG)</p>	<p>Peas (GF/VG) Sweetcorn (GF/VG)</p>	<p>Green Beans (GF/VG) Carrots (GF/VG)</p>	<p>Peas (GF/VG) Sweetcorn (GF/VG)</p>	<p>Coleslaw (GF/VG)</p>
 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>
<p>Flatbread (VG) + (GF) Bread Option</p>	<p>Turkish bread (VG) + (GF) Bread Option</p>	<p>Wholemeal (VG) + (GF) Bread Option</p>	<p>Naan Bread (VG) + (GF) Bread Option</p>	<p>Wholemeal (VG) + (GF) Bread Option</p>
 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Ice-Cream (V) or Alpro Soya Dessert (GF/VG) Water and Cow's Milk or Oat Milk</p>

Week 2 – Spring Term 2022-23

(V) Vegetarian (VG) Vegan (GF) Gluten Free

All meat = Halal

WB: 9/1, 23/1, 6/2, 27/2, 13/3, 27/3

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Baked Potato (GF/VG) With a choice of... Grated Cheese (GF/VG) (V) or Baked Beans (GF/VG)</p>	 <p>Chilli Non Carne (GF/VG) Rice (GF/VG)</p>	 <p>Macaroni Cheese (V) or Vegetable Fusilli Pasta Bake (GF/VG)</p>	 <p>Roast Chicken with New Potatoes (GF) or Lentil Shepherd's Pie with Sweet Potato Mash (GF/VG)</p>	 <p>Veggie Burger (GF/VG) Potato Wedges (GF/VG) Baked Beans (GF/VG)</p>
<p>Sweetcorn (GF/VG) Broccoli (GF/VG)</p>	<p>Peas (GF/VG) Sweetcorn (GF/VG)</p>	<p>Green Beans (GF/VG) Carrots (GF/VG)</p>	<p>Peas (GF/VG) Sweetcorn (GF/VG)</p>	<p>Coleslaw (GF/VG)</p>
 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>	 <p>Salad bar (GF/VG)</p>
<p>Flatbread (VG) + (GF) Bread Option</p>	<p>Turkish bread (VG) + (GF) Bread Option</p>	<p>Wholemeal (VG) + (GF) Bread Option</p>	<p>Naan Bread (VG) + (GF) Bread Option</p>	<p>Bun (VG) + (GF) Bun Option</p>
 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Water and Cow's Milk or Oat Milk</p>	 <p>Fresh Fruit (GF/VG) Ice-Cream (V) or Alpro Soya Dessert (VG/GF) Water and Cow's Milk or Oat Milk</p>