

Week 1 – Summer Term 2022-23

(V) Vegetarian (VG) Vegan (GF) Gluten Free All meat = Halal + Free range

WB: 17/4, 01/05, 15/05, 05/06, 19/06, 03/07, 17/07

Monday	Tuesday	Wednesday	Thursday	Friday
 Baked Potato (GF/VG) <i>With a choice of...</i> Grated Cheese (GF/VG) (GF/V) or Tuna + Mayo (GF)	 Chilli Non-Carne (GF/VG) or Ratatouille (GF/VG) Rice (GF/VG)	 Macaroni Cheese (V) or Vegetable Fusilli Pasta Bake (GF/VG)	 Ali's Special Chicken (GF) or Spinach, Chickpea + Potato curry (GF/VG) Rice (GF/VG)	 Vegetable Pizza (GF/VG) (GF/V) Potato Wedges (GF/VG) Baked Beans (GF/VG)
Sweetcorn (GF/VG) Broccoli (GF/VG)	Peas (GF/VG) Sweetcorn (GF/VG)	Sweetcorn (GF/VG) Broccoli (GF/VG)	Peas (GF/VG) Sweetcorn (GF/VG)	Coleslaw (GF/V) (GF/VG)
 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)
Pitta Bread (VG) + (GF) Bread Option	Turkish bread (VG) + (GF) Bread Option	Wholemeal (VG) + (GF) Bread Option	Flatbread (VG) + (GF) Bread Option	Breadsticks (VG) + (GF) Bread Option
 Fruit (GF/VG) Yoghurt <i>Contains: Milk</i> Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Flapjack Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Ice-Cream (V) or Alpro Dessert (GF/VG) Water and Cow's Milk or Oat Milk

Week 2 – Summer Term 2022-23

(V) Vegetarian (VG) Vegan (GF) Gluten Free All meat = Halal + Free range

WB: 24/4, 08/05, 22/05, 12/06, 26/06, 10/07

Monday	Tuesday	Wednesday	Thursday	Friday
 Lentil Dahl (GF/VG) or Vegetable + Pesto Filo Tart (V/GF) Rice (GF/VG)	 (NEW!) Roast Meat or Veggie Option (GF/VG) Gravy (GF/VG) Roast Potato (GF/VG)	 Spaghetti (V) or Fusilli (GF/VG) With a choice of... Pesto (GF/V) <i>Contains: Milk</i> Tomato Sauce (GF/VG) Grated Cheese (GF) (V/VG)	 Jerk Chicken or Bean Burger (GF/VG) Rice + Peas (GF/VG)	 Fish fingers Or Veggie Fingers (GF/VG) Potato Wedges (GF/VG)
Sweetcorn (GF/VG) Broccoli (GF/VG)	Peas (GF/VG) Roasted Carrots (GF/VG)	Sweetcorn (GF/VG) Broccoli (GF/VG)	Peas (GF/VG) Sweetcorn (GF/VG)	Peas (GF/VG) Baked Beans (GF/VG)
 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)	 Salad bar (GF/VG)
Flatbread (VG) + (GF) Bread Option	Turkish bread (VG) + (GF) Bread Option	Wholemeal (VG) + (GF) Bread Option	Pitta bread (VG) + (GF) Bread Option	Wholemeal (VG) + (GF) Bread Option
 Fruit (GF/VG) Yoghurt <i>Contains: Milk</i> Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Flapjack Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Water and Cow's Milk or Oat Milk	 Fruit (GF/VG) Ice-Cream (V) or Alpro Dessert (GF/VG) Water and Cow's Milk or Oat Milk