



timing



evaluation



fluency



fun



dance



coordination



P.E - Dance - Year 5



rhythm



repetition



movement



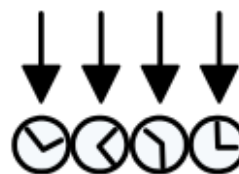
speed



style

2·4·6·8

sequence





routine



posture

Y5 PE: Dance – Y5 Topic Vocabulary Mat

Subject Specific Vocabulary		Relevant Pictures and Information	Exciting Websites
rhythm	The timing of body movements to musical sounds.		https://www.teachingcave.com/pe/ks2/dance/
movement	The way in which your body is coordinated during dance.		Pioneers and Role Models  <p>Matthew Bourne has received multiple awards and award nominations, including the Laurence Olivier Award, Tony Award and Drama Desk Award, and has also received several honorary doctorates of arts from UK universities. He was knighted in the 2016 New Year Honours for services to dance. He is openly gay.</p>
posture	How we line our head, shoulders, ribs and hips to suit a dance routine.		
routine	A planned set of steps and/or body movements to a piece of music.		
sequence	The arrangement of steps within a dance routine.	What I've Learnt Already	Key Knowledge
style	A dance style, or a dance genre, is simply a certain type of dance. Different kinds of dance styles include ballet, modern dance, hip-hop.	Y4: <ul style="list-style-type: none">• Can experiment with different dance styles.• Can work as a team to compose own dances.• Can sufficiently warm up with growing independence• Can evaluate dance and group movement and give constructive advice	<ul style="list-style-type: none">• To compose own dances in a creative way, individually, with a partner and within a small group.• To perform dance to an accompaniment devising the sequence to take account of rhythm and style of music and mood of the piece.• To know that dance can communicate an idea, as well as feelings and narratives.• To know basic conditioning exercises to increase stretch and endurance.• Knows and can state which aspects of own and others' performance were particularly strong and which they could improve on.• To understand that the impact of increased poise, balance and coordination can make to a dance performance.• To know the importance of warming up specific muscle groups in preparation for dance, as well as cooling down
speed	How quickly or slowly a movement is performed during dance.		
repetition	When a movement or motion is done more than once to gain interest or add emphasis.		
coordination	The ability to move different parts of your body smoothly and efficiently.		
timing	The ability to move to the pace and rhythm of a beat.	Skills I am Developing	
evaluation	The consideration of a performance which results in adjustments being made	<ul style="list-style-type: none">• Imagination and creativity in the movements they devise in response to stimuli.• Improvising with confidence, still demonstrating fluency across the sequence.• Ensuring actions fit the rhythm of the music.• Modifying parts of a sequence as a result of self and peer evaluation.• Use more complex dance vocabulary to compare and improve work.• Choose and use criteria to evaluate own and others' performances.	
fluency	The capability of moving with ease and grace.		