

Personal, Social and Emotional Development

- Making new friends
- Discussing Reception rules and class charter
- Settling into new routines
- Talking about ourselves, our family and friends
- Turn taking games
- Jigsaw– All About Me
- Looking after our learning environment
- Express feelings starting school
- Develop good personal hygiene
- Independently going to the toilet and dressing

Communication and Language

- Learning actions songs
- Naming and discussing body parts
- Talking about what we like doing at school and at home
- Looking at and discussing family photos
- Talking in front of larger groups
- Looking at and discussing family photographs
- Family related stories
- Circle time discussion
- Role play in the Home Corner
- Talking about the seasons, seasonal changes
- Understand how to listen carefully and why listening is important.
- Start to use social phrases – Good morning, Good afternoon etc.

Physical Development

- Action and movement songs
- Exploring different ways of moving our bodies through in the outdoor environment on a range of surfaces – grass, earth and bark chippings
- Outside apparatus (balancing, climbing, exploring ways of moving)
- PE sessions - throwing and catching games, exploring ways of moving encouraging children to get out of breath several times a day
- Develop gross motor skills – core, upper arm and shoulder strength as a precursor to fine motor skills
- Developing fine motor skills – threading, pouring, stirring, construction and malleable materials.
- Practising letter formation through handwriting sessions – focus on posture and pencil grip.
- Develop skills children need to manage the school day – line-up and queuing, mealtimes

Mathematics

Week 1 & 2 3/9 & 7/9: Let's explore numbers

Week 3 14/9 Unit 1: Counting to 10 and 2d shapes

Week 4 21/9 Unit 1: Counting to 10 and 3d shapes

Week 5 28/9 Unit 1: Counting to 10 and measurement

Week 6 5/10 Unit 2: Comparing Groups of identical objects and Time and seasons

Week 7 12/10 Unit 2: Comparing Groups of non-identical objects

Week 8 19/10 Unit 3: 3d Shapes and their properties & measure

General: Shapes in the environment, adding counters and toys, sorting toys in role play area, measuring objects and talking about days of the week, months etc.

All About Me -Reception



Autumn 1 2026

Literacy – Reading

[\(Informed by EYFS Framework, RWI and The Reading Framework 2021\)](#)

- Tune into different sounds in English, by making changes to rhymes and songs.
- Talking about children's favourite books
- Daily story and poetry time
- Talk about stories and learn new vocabulary
- Re-read familiar high-quality texts
- RWI activities – daily RWI lessons and activities to support learning phonemes and GPC.
- Reading stories about ourselves (fiction and non-fiction)
- Reading signs in the environment (school and local area)

Understanding of the World

- Learning about the five senses and encouraging children to use all senses in hands-on exploration of natural worlds
- Talking about countries our families and friends are from and discuss the differences children have experienced or seen in photos.
- Talking about celebrations and festivals. Understand that some places are special to members of their community.
- Talking about our favourite foods in preparation for lunch time
- Getting to know our school environment
- Make observations about the seasons and explain our understanding of autumn.
- Name and describe people who are familiar to them.

Literacy – Writing

- Children recognising their own names in activities and self-registration
- Children write their names on pictures and models
- RWI activities to develop GPC
- Emergent mark making
- Children writing about their likes and dislikes
- Suggestions for the class charter
- Mark making /writing about their weekend news
- Mark making/writing in role play areas.
- Writing about ourselves for a display.
- Writing opportunities across the curriculum – writing and mark making for a purpose

Expressive arts and design

- Hand painting
- Painting pictures of ourselves, family and friends
- Drawing book characters for the reading corner.
- Explore colour and colour mixing – to make self-portraits.
- Draw from their imagination and observations.
- Sing songs and nursery rhymes

Core books

Wk. 1: 3rd September – School Visits

Wk. 2: 7th September – A variety of starting school books / books about families: 'Going to School', 'Starting School', 'What I like', 'My Mum', 'My Dad'.

Wk. 3: 14th September - Emotions and Self-regulation: 'The Colour Monster' and 'The Roar.'

Wk. 4: 21st September –Family: 'The Family Book', 'Baking with Dad', 'Family and Me'.

Wk. 5: 28th September – Growth Mindset: 'It's OK to make mistakes', 'I can't do that yet', 'Beautiful Oops.'

Wk. 6: 5th October – Ourselves: 'Super Duper you', 'Only one you.'

Wk. 7: 12th October – Body: 'From head to toe', 'The Five Senses', 'All kinds of People.'

Wk. 8: 19th October – People Who Help Us: A selection of fiction and non-fiction books to explore People Who Help Us (doctors, nurses, paramedics, dentists, fire fighters and police.