



MONDAY

TUESDAY

WEDNESDAY



THURSDAY

FRIDAY



OPTION 1

Hearty Lentil and
Roasted Vegetable
Pasta



World Explorer Chickpea
and Spinach Curry
with Rice



Lentil and Mushroom
Wellington With Roast
Potatoes and Gravy



Tomato and Herb Bolognaise
with Spaghetti



Quorn Cumberland
Sausage with Chips &
Tomato Sauce



OPTION 2

Plant Balls in Tomato Sauce
with Rice



Lamb Bolognaise with
Spaghetti



Roast chicken with Roast
Potatoes, Stuffing and
Gravy



Chicken Tikka with Rice



Breaded Fish with
Chips and Tomato
Ketchup



DESSERT

Yogurt and Fresh Fruit



Apple Crumb Cake with
Custard



Yogurt and Fresh Fruit



Strawberry Jelly with
Mandarins



Yoghurt and Tinned
Peaches



*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN



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OPTION 1

Hearty Cottage Pie



Chinese Rainbow Noodles



BBQ Quorn with Seasoned Potatoes and Sweetcorn Salsa



Greek Macaroni Pastitsio



Smashed Bean and Lentil Patty With Chips



OPTION 2

Classic Cheese Pizza and Potato Wedges



Chicken and Sweetcorn Meatballs in Tomato Sauce With 50/50 Rice



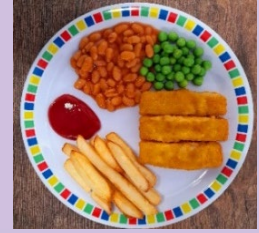
Roast Chicken with Seasoned Potatoes and Gravy



Lamb Cottage Pie



Fish Fingers With Chips and Tomato Sauce



DESSERT

Yogurt and Tinned Fruit



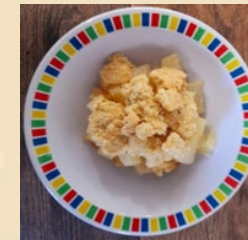
Peach upside Down Cake



Yoghurt and Tinned Peaches



Apple and Strawberry Crumble with Custard



Yoghurt and Fresh Fruit



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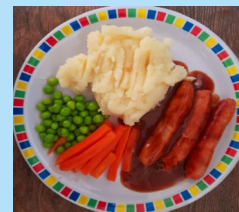
Saucy Tomato Pasta with
a Tomato and Herb Bread



Golden Cheese and Bean
Pasty with Wedges



Quorn Cumberland
Sausage with Roast
Potatoes and Gravy



Mild Mexican Chilli with
Rice



Autum Pasta Bake



OPTION 2

Macaroni Cheese with
Tomato and Herb Bread



**Greek Chicken Pitta with
Herby Rice and Sweetcorn
Salsa**



Roast Chicken, Roast
Potatoes and Gravy



Lamb Mexican Chilli with
Rice



Fishfingers with Chips
and Tomato Sauce



DESSERT

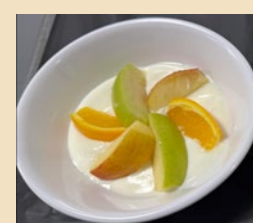
Yoghurt With Tinned
Peaches



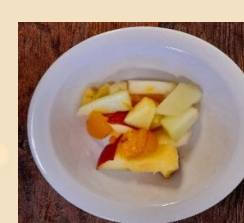
Winter Pear Crumble with
Custard



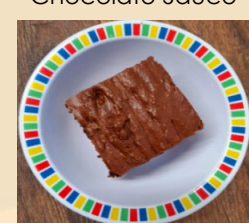
Yogurt With Fresh Fruit



Yoghurt With Fresh Fruit



Chocolate and Apple
Sponge With
Chocolate Sauce



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